

MINUTES HAVE BEEN APPROVED BY THE TCASC

MINUTES

TWIN CITIES AREA SERVICE CONFERENCE OF NARCOTICS ANONYMOUS

September 18, 2004

Sabathani, 3rd Fl, Rm. D2

OPENING

Dick opened Meeting with the Serenity Prayer at 11:00 am. Readings: 12 Concepts: Seth, 12 Traditions: Joslin, 12 Steps: Mark

INTRODUCTIONS

Welcome newcomers.

17 GSRs present. Quorum [9] is met. [Avg. of last 3 mos. (16, 8 and 15) was 13 x .67 = 9 minimum needed for quorum.]

APPROVAL OF MINUTES

Corrections needed to August Minutes:

1. Under Introductions, the number of GSRs present, whether or not Quorum was met and the calculations were in error. The number of GSRs present was 15, the number needed was 9, quorum was met and the calculations where [Avg. of last 3 mos. (16, 16 and 8) was 13 x .67 = 9 minimum needed for quorum.]
2. Treasures Report was labeled has July instead of august
3. Discrepancy of \$0.21 in treasure report

August Minutes are approved with corrections

CORRESPONDENCE

New NAWS News flier

NA way magazines

OFFICER REPORTS

CHAIR

Dick: Chair and Co-Chair elections are scheduled for the October TCASC

CO-CHAIR

Lynn: I need to apologize to this body for my impatience last month during Open Forum. Especially since Roberts rules of order states: The open forum provides opportunities for any person to express professional views (including dissenting views) candidly, free of bureaucratic constraints, and under safeguards. I allowed my impatience to rule, not my good judgment. I remain committed to working towards not allowing my character defects free rein. On that note, I must leave today at noon as I have a wedding to attend. I have made a prior arrangement with Dick. Thanks for allowing me the opportunity to serve and learn, Lynn

SECRETARY

Daniel: I feel I have been doing a poor job completing and distributing the minutes in a timely and accurate manner. For this I apologize and I will work harder to correct this in the future. There where some errors in the August minutes as I have stated during the "Approval of Minutes" portion of this meeting. I sent the June and July minutes to the Regional Webmaster to be posted on the TCASC page. That's all I have, thank you.

CO-SECRETARY

Melissa: Excused Absence

Treasurer

Ryan: At this moment there has been no bank statement received in the mail. Reports will be attached to the minutes.

CO-TREASURER

Mark: If you have a donation to the area please come up. If you do not have a donation please come up so your group can be recognized as being present here today. Thank you.

RCMs

Tim M: Due to the regional not meeting this month I have nothing new to report, thank you

Tony: (This is a combination report of RCM and RD to the Region)

I am glad to be among you this month. I was able to attend the Midwest Zonal Forum in Michigan on the 20th, 21st and 22nd of August, hosted by the Metro Detroit Region. There were 4 new delegates present, including myself.

Regions Attending: Chicago Land, Greater Illinois, Metro Detroit, Michigan, MN, and Wisconsin

Regional Delegates not in Attendance: Indiana and Ohio

MZF Balance (as of July 1, 2004): \$2,390.96. Donation to NAWS: \$1,406.04. Receipt was given to MN for \$500 donation.

World Service Conference 2004 Discussion - Disappointment and concerns with the World Board and how decisions are made. Also concerns that the HRP and the Board were at odds during some parts.

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PI Proposal – Abridged Proposal was read to Forum, and discussion ensued. One point would be to have and maintain a PI presence at key events, that Regions may not be able to attend, or may not even know anything about. Questions rose included, “What level PI should the MZF support,” and “What PI needs are there at the Regional and Area level?” Suggestion was to check in with the PI areas at the Area and Region levels and report back to the MZF PI opportunities. Consensus that the entire MZF should be a resource for PI, not a specific person or committee within the MZF

Web Discussion a sub-committee meeting of the Web Committee will be called, - anyone interested may attend. John volunteered to be Web Contact. John volunteered to be Web Contact.

Making Service Attractive – Suggestions included: start recruitment at meetings, recognitions at area meetings, service workshops at conferences, host awareness weekends, mentoring, have effective committees, request one-to-one, discuss the consequences of lack of service.

Regional Reports/Information

Michigan – Most recent conference had cost over-runs. Next one - July 4, 2005 in Ann Arbor, MI.

Metropolitan Detroit – Distributed a “Violence in the Fellowship” memo that was received by the Areas and groups with mixed reactions. Flyer attached.

Ohio – Still in the Zone, after Regional vote, which was decided by a tiebreaker (chair decided).

Minnesota - Participated in an AA conference. UMSO is operating at a loss. Suggested they incorporate a new business plan.

Chicago Land – Discussed proposed property purchase (continuing issue), and possible dissolution of their Regional Board of Directors.

Greater Illinois – The next Zonal Forum will be November 12 –14, 2004 in Decatur, during the convention. After Decatur, the Zonal Forum is scheduled for Indiana, for the 2nd Quarter 2005; it may switch with MN, to coincide with MNNAC, and will be decided at November’s MZF. Registration forms for GIRCNA available.

Wisconsin has been very busy with a lot of PI and H&I work. Next conference will be in Oshkosh.

Indiana – Not present

As mentioned earlier, I was unable to attend the August meeting of the MN Region, but did receive the unapproved minutes, and can report the following:

- The regional phone line received 168 calls from June 1 to July 31
- There was discussion regarding the regional phone list
- Discussion regarding attendance of trusted servants at the Regional Meeting
- Decision to allow John and Steven to write report for AA’s newsletter, regarding their talk on Singleness of Purpose (presentation given at Southern MN Area of AA)

Service positions vacant at the MN Region:

- Policy
- Literature
- UMSO BOD Reps (1)
- MNNAC Regional Reps (1)
- Public Information
- Outreach
- H&I

Please contact me with any questions.

Question: In the future can you separate this information as to what is your RCM report to the TCASC and what is additional information from your RD report to the Region?

Answer: Certainly.

OLD BUSINESS

ELECTIONS:

H & I Elections

Justin volunteered. No other nominations or volunteers. Spoke to willingness; Loves H&I, has been involved for some time, feels H&I is one of the major ways to carry the message to the addict that still suffers, want to get a list published and distributed with all the open commitments to the area and try to get them filled.

Comments/Questions; Will you be able to budget properly with the literature price increase and the end of the area rebates from the UMSO? Yes, we have been working on this issue for some time and we will be able to manage the change. Have you had any service comments you failed to complete? Yes, I have had to quit 2 positions in the past due to conflicts with school. Are any classes going to interfere with completing this commitment? No, I have adjusted my schedule to account for this commitment.

Vote: Justin is elected.

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Motion #120 reads as follows: As we have exceeded our annual budget by approximately \$100 and still have to finish the rest of the year, we are making a request for an additional \$500 to cover H&I literature expenses.

Intent reads as follows: To increase the H&I budget from \$1000 to \$1500

Comments/Questions: Literature is the biggest expense to H&I and we will continue to spend money to provide it to the facilities. What type of literature do you give out, IP's or Texts? Mostly IP's, texts are sometime given to the facility.

Vote was unanimous at 17 for 0 against 0 abstain

NEW BUSINESS

No New Business

12:01 PM BREAK

SUBCOMMITTEE REPORTS

ACTIVITIES

Jennifer B: Unexcused Absence

BANQUET

Larry R: The banquet is moving right along! 185 tickets have been sold as of today. A committee meeting was held on August 28, 2004 at the Ramada Inn to finalize the format of the banquet. A check for \$3,587.41 has been given to the hotel and a \$200.00 check has been written for the DJ. No banquet tickets will be sold at the door and the cost for the dance will be \$5.00

Money gave to TCASC

5/15/2004	\$999.
6/19/2004	\$338.
7/17/2004	\$648.
8/23/2004	\$947.
9/12/2004	\$1,074
	\$4,006.96

HELPLINE

Amy K: Hello everybody, the helpline phone menu has been updated with the October meeting list. Here are the numbers of calls received for August 2004: T.C. Area Service Committee 130, MN Region of Narcotics Anonymous 89. We have two open shifts for females. They are Tuesday 12pm-8am and Wed 12pm-8am. Please give my phone number to anyone interested. I welcome any feedback from those of you on the 24-hour list, now that we've been rotating. Hopefully calls are evening out for everyone. Thank for letting me serve, Amy K.

How often do you check the accuracy of your list? I did it originally but have not done it again. If any one is interested in adding me in checking it again please let me know.

H&I

Seth M (Outgoing): As my term as H&I chair comes to a close I am more enthusiastic about H&I than I was when I started. I have great respect and confidence in our H&I sub-committee. I am grateful for their hard work and commitment during the last year. I am going to continue to support them in an on-going effort to carry the NA message into Hospitals and Institutions. The year has been a learning experience during which I came to value area service and appreciate our Unity in fulfilling our primary purpose. There are a few areas that still need work. Our Area has many addicts interested in doing H&I. We need to hold more H&I Learning Days and Workshops that get newcomers involved, and let them see that hey, "Recovery is fun!" Our Area needs more cooperation between H&I and P.I. and Outreach. I encourage everyone to take part in each others' sub-committee. We need better communication between groups. We still have many openings in the Twin Cities Area. We need panel leaders willing to commit to facilities, and we suggest for a term of one year. But remember, this is a WE program. Our sub-committee is here to help you. Together we can help addicts find recovery in NA by carrying the message into Hospitals and Institutions

Literature

Brian S: The literature subcommittee met on Sunday September 12th to discuss the 6th edition of the basic text. A whopping 4 addicts (including myself) cared enough about the 6th edition of the basic text to show up. What we are working on now is compiling a list of topics for the personal stories section of the text. That is what is being requested at this point from the World and this list is due in November. Below is a list of topics we came up with. Relapse, Gay and Lesbian in Recovery, Young in Recovery, Handicap, Medication in recovery (i.e. Prescription drugs and methadone), Recovery in Desolate/Rural Areas, International Stories (especially 3rd world countries), Old Timers Stories, Birth of NA Story. Those attending the meeting also wanted stories based in the present time. And once again, this list is due in November. In October we will be completing our letter/list to the world. This means the only the only chance for anyone to have a say in this stage of the 6th edition is to show up at the October Literature Subcommittee meeting which will be held on Sunday October 10th at 5PM.

Outreach

Ed Z: I want to express my willingness to run for a second term in this position at the Outreach election in October. Greetings everyone, I have spent a year of conscious effort acquainting myself with the meetings in our area. I am happy to report every meeting I have attended is succeeding in its effort to carry the message of Narcotics Anonymous. I would be less than candid to not acknowledge some meetings are thriving in their clarity and some struggle a bit. But let there be no doubt, N.A. is alive and well in our Twin Cities area. Let us never lose sight of the simple fact, at our best; all we do here is support the simple goal of helping our meetings carry the message. I would like to thank all the members who have taken the effort to

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encourage me and even criticize me through my discovery in serving as Outreach Chair. I am learning a great deal about N.A. and myself in this opportunity, and I thank the area for the chance to serve. My efforts to assemble a committee are somewhat unconventional. In my own (one on one) way, I believe I have developed a network of individuals who will support any efforts Outreach is called upon to deliver. Through my discussions with many other addicts there are some extra curricular initiatives we are preparing to embark upon. Anyone who is interested in being a part of Outreach committee service, we will now be meeting the Second Saturday of every month at 5:00 – 6:30 p. m. at ed Z.'s . The address is 2930 Blaisdell Ave. S. (behind the White Castle on Lake street – Park Square Condominiums) the security code is under the name ZAPPA. My Phone #'s are (home) 612 827 3211 and (cell) 612 964 6707. Please if you know you are coming, call me in advance so I can best prepare refreshments. Yours in service, ed z.

PI

Seth L: Need volunteers for the fall MAARCH conference, October 27th and 28th at the Excel Energy Center.

OPEN FORUM & ANNOUNCEMENTS:

The October TCASC holds the following Elections

- Chair
- Co-Chair
- Outreach

Please let your groups be aware of this.

We had some discussion about violence in meetings. We need to be aware of our actions and to not portray a violent attitude.

As a woman I feel very out numbered in a meeting, I have trouble with some of the hugs, there not just hugs. I feel safer at an AA meeting then an NA meeting because no body tries to “Cop a Feel” while giving a hug.

Color seems to play a large part in separation; we need to remember that the disease of addiction does not discriminate against color.

Have we ever thought about structuring Open Forum? Every time we get to open forum we all cringe and people leave. Open forum is just that “Open”, it is to stimulate the floor for discussion.

What is the executive meeting for? It is to establish the agenda for the meeting. Everyone is welcome; it begins at 10:30am prior to the TCASC.

Closed with the “Gratitude Prayer”

Move to adjourn at 1:50 PM, motion carried

Closed with the Gratitude Prayer

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TCASC Monthly 7th Tradition Donations & Attendance Record for September 2004

Group	Donation	Group Represented	Day	Time
A Vision of Hope			Friday	11:00 PM
A Gift Called Life			Friday	12:00 PM
Addicts for Life	\$70.54	Yes	Friday	8:00 PM
Recovery in the Garden			Thursday	7:30 PM
Afternoon Serenity			Wednesday	1:00 PM
All A's			Monday	7:00 PM
Barking Buffalo		Yes	Friday	8:00 PM
Camden Recovery	\$25.00	Yes	Sunday	7:00 PM
Candlelight Bakery	\$128.24	Yes	Wednesday	7:30 PM
Clean and Serene NA		Yes	Tuesday	7:00 PM
Clear Atmosphere			Tuesday	7:00 PM
Coast to Coast			Friday	7:30 PM
East Lake NA		Yes	Wednesday	8:00 PM
Eat Your Way to Recovery			Monday	12:00 PM
Freedom From Addiction			Sunday	7:30 PM
Fresh Start	\$47.04	Yes	Tuesday	8:00 PM
G.L.B.T and Friends NA		Yes	Saturday	8:00 PM
Hope in Eden Prayer-EE			Wednesday	7:00 PM
In-sanity NA			Tuesday	7:00 PM
Journey of Recovery			Monday	11:00 AM
Keep it Simple			Tuesday	7:00 PM
Lakers NA			Saturday	6:30 PM
Late Night With NA		Yes	Saturday	10:00 PM
Latinos en NA			Friday	6:30 PM
Lesbian and Gay NA			Sunday	11:00 AM
Men Of Hope			Saturday	9:00 AM
Minneapolis By Candlelight	\$82.00	Yes	Monday	8:00 PM
Miracles in Motion			Tuesday	11:00 AM
Monday Nite Wave		Yes	Monday	8:00 PM
Mora NA			Tuesday	8:00 PM
Never Enough			Tuesday	7:30 PM
North Side NA	\$14.00	Yes	Monday	7:00 PM
North Suburban NA			Thursday	7:30 PM
N.E.N.A. NA			Friday	7:30 PM
Northwest NA		Yes	Saturday	7:00 PM
Nuts About the Newcomer		Yes	Saturday	7:00 PM
Pleasant NA		Yes	Sunday	7:30 PM
Recovering Addicts of NA			Monday	7:00 PM
Recovering Ladies of the Lakes	\$20.00	Yes	Saturday	10:00 AM
Recovering Soldiers			Thursday	8:00 PM
River Falls NA			Mon. Wed. Fri	8:00 PM
Riverside NA			Thursday	8:00 PM
Saturday Morning NA		Yes	Saturday	9:00 AM
Saving Our Lives		Yes	Thursday	7:00 PM
Serenity Sunday			Sunday	6:00 PM
Siren NA			Sunday	6:00 PM
Sisters in Recovery			Thursday	7:00 PM
Stepping on Traditions			Saturday	10:00 AM
Sunday Morning NA	\$40.00		Sunday	10:30 AM
Self Preservation			?	?
Young People in Recovery			Friday	7:00 PM
Seven Eleven			Wednesday	8:00 PM
Seeking Serenity	\$10.00	Yes	Tuesday	7:00 PM
Meeting Makers			Thursday	7:00 PM
Recovery in the Garden				

Total Donations \$436.82

total GSR's Present at Meeting 19

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TREASURER'S REPORT FOR SEPTEMBER 2004

REPORT DATE : 09/18/2004		LAST MONTHS' ENDING BALANCE →		\$ 5,608.47
ENDING BALANCE FROM BANK STATEMENT		→		\$ 5,611.97
MINUS TOTAL OF OUTSTANDING CHECKS, FEES & EARLY DEPOSITS		→		\$ 3.50
EQUALS THE RECONCILED BANK BALANCE		→		\$ 5,608.47
DISCREPANCY SHOULD EQUAL ZERO		→		\$ -
BEGINNING BALANCE (ALWAYS THE RECONCILED BANK BALANCE)		→		\$ 5,608.47
PROCEEDS				
GROUP DONATION (FROM ATTENDANCE SHEET)		→		\$ 436.82 *
OTHER PROCEEDS TOTAL (LIST NAME & AMOUNT INDIVIDUALLY)		→		\$ 1,324.00
T-shirts, Tickiets (Banquet)	\$	1,074.00		
T-shirts, Tickiets (Banquet)	\$	200.00		
South Suburban Fireside Area	\$	50.00		
	\$	-		
TOTAL PROCEEDS		→		\$ 1,760.82
SUBTOTAL (BEGINNING BALANCE PLUS PROCEEDS)		→		\$ 7,369.29
EXPENSES (ALWAYS CHECKS WRITTEN)				
	Check #	\$ AMOUNT		
Ramada Inn/Thunderbird (Banguet food, hall, decoations)	2848	\$ 3,587.41		
Ray Richards	2849	\$ 200.00		
UMSO (Lit.)	2850	\$ 1.50		
UMSO (H&I)	2850	\$ 58.85		
Tramstop (Bushshelters, PI)	2851	\$ 1,000.00		
Answer America	2852	\$ 235.69		
TOTAL EXPENSES		→		\$ 5,083.45
ENDING BALANCE (SUBTOTAL MINUS EXPENSES)		→		\$ 2,285.84
DEPOSITS				
	DATE	AMOUNT		
CHECKING DEPOSIT DATE & AMOUNT	9/18/04	\$ 1,760.82		
CHECKING DEPOSIT DATE & AMOUNT		\$ -		
CHECKING DEPOSIT DATE & AMOUNT		\$ -		
TOTAL DEPOSITS (SHOULD EQUAL TOTAL PROCEEDS)		→		\$ 1,760.82

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TCASC 2003	TARGET	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC	YEAR TO DATE
EXCESS 2002	<u>\$1,000.00</u>													
PROCEEDS														
GROUPS	\$10,500.00	\$690.18	\$276.32	\$681.92	\$779.94	\$564.40	\$859.84	\$659.91	\$434.04	\$448.25	\$424.25	\$578.35	\$617.80	\$7,015.20
OTHER	\$800.00	\$10.00		\$215.59		\$100.00	\$75.00	\$100.00		\$50.00		\$150.00	\$75.00	\$775.59
ACTIVITIES	\$2,700.00	\$1,338.10		\$395.81								\$1,049.27	\$576.35	\$3,359.53
BANQUET	\$6,000.00				\$270.00	\$709.79	\$512.00	\$823.16	\$64.00	\$256.00	\$1,885.00	\$60.00		\$4,579.95
TOTAL	<u>20,000.00</u>	<u>2,038.28</u>	<u>276.32</u>	<u>1,293.32</u>	<u>1,049.94</u>	<u>1,374.19</u>	<u>1,446.84</u>	<u>1,583.07</u>	<u>498.04</u>	<u>754.25</u>	<u>2,309.25</u>	<u>1,837.62</u>	<u>1,269.15</u>	<u>15,730.27</u>
EXPENSES														
EXEC CMTE														
MNRSC	\$3,750.00													\$0.00
UMSO	\$200.00									\$6.75	\$58.04			\$64.79
MNNAC	\$1,000.00													\$0.00
TREASURER	\$100.00													\$0.00
SECRETARY	\$500.00	\$38.80	\$49.40	\$53.52	\$30.00	\$25.00	\$20.00	\$25.00			\$59.18	\$20.18	\$20.19	\$341.27
MISC.	\$100.00		\$33.22						\$19.60					\$52.82
OUTREACH	\$100.00													\$0.00
LITERATURE	\$50.00									\$53.50				\$53.50
P.I.	\$2,000.00	\$52.19	\$44.73	\$52.19	\$67.10	\$149.19	\$386.05	\$1,052.19	\$68.19		\$104.38	\$44.73	\$50.00	\$2,070.94
H & I	\$1,500.00	\$135.25	\$295.10			\$115.77	\$47.25	\$101.86			\$184.60	\$84.90	\$148.45	\$1,113.18
HELPLINE	\$3,500.00		\$499.50	\$308.69	\$500.69	\$306.13	\$316.69	\$274.39		\$487.19	\$285.03	\$569.84	\$564.56	\$4,112.71
BANQUET	\$5,000.00			\$750.00	\$312.08	\$650.00	\$221.29	\$1,000.00		\$600.00	\$1,044.00			\$4,577.37
ACTIVITIES	\$2,200.00		\$550.00			\$650.00					\$939.64	\$750.57	\$600.00	\$3,490.21
TOTAL	<u>\$20,000.00</u>	<u>\$226.24</u>	<u>\$1,471.95</u>	<u>\$1,164.40</u>	<u>\$909.87</u>	<u>\$1,896.09</u>	<u>\$991.28</u>	<u>\$2,453.44</u>	<u>\$87.79</u>	<u>\$1,147.44</u>	<u>\$2,674.87</u>	<u>\$1,470.22</u>	<u>\$1,383.20</u>	<u>\$15,876.79</u>
EXCESS 2002	<u>\$1,000.00</u>													
TCASC 2004	TARGET	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC	YEAR TO DATE
EXCESS 2003	<u>-</u>													
PROCEEDS														
GROUPS	\$7,000.00	\$621.03	\$427.09	\$978.17	\$589.19	\$379.50	\$397.74	\$391.23	\$889.02	\$436.82				\$5,109.79
OTHER	\$500.00	\$141.90	\$100.00	\$150.00	\$0.75			\$150.00		\$50.00				\$592.65
ACTIVITIES	\$2,000.00	\$1,762.33		\$817.00										\$2,579.33
BANQUET	\$6,000.00					\$999.60	\$338.00	\$637.96	\$947.00	\$1,274.00				\$4,196.56
TOTAL	<u>15,500.00</u>					<u>1,379.10</u>	<u>735.74</u>	<u>1,179.19</u>	<u>1,836.02</u>	<u>1,760.82</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>6,890.87</u>
EXPENSES														
EXEC CMTE														
MNRSC	\$100.00													
MNRSC	\$1,500.00			\$500.00				\$500.00						\$1,000.00
UMSO	\$0.00								\$4.50					\$4.50
MNNAC	\$0.00													\$0.00
TREASURER	\$50.00							\$17.59						\$17.59
SECRETARY	\$450.00	\$14.36			\$12.71		\$12.03							\$39.10
MISC.	\$50.00						\$34.00							\$34.00
OUTREACH	\$50.00													\$0.00
LITERATURE	\$50.00									\$1.50				\$1.50
P.I.	\$2,300.00		\$52.00			\$62.92		\$9.26	\$80.00	\$1,000.00				\$1,204.18
H & I	\$1,500.00	\$146.30	\$216.44	\$24.72	\$214.10		\$15.46	\$232.33	\$176.53	\$58.85				\$1,084.73
HELPLINE	\$3,500.00	\$276.55	\$24.23	\$221.84	\$279.72	\$232.04	\$436.72	\$641.98	\$3.50	\$235.69				\$2,352.27
BANQUET	\$4,000.00			\$525.00	\$842.50		\$325.00			\$3,787.41				\$5,479.91
ACTIVITIES	\$1,500.00		\$510.00											\$510.00
TOTAL	<u>\$14,950.00</u>	<u>\$437.21</u>	<u>\$802.67</u>	<u>\$1,271.56</u>	<u>\$1,349.03</u>	<u>\$294.96</u>	<u>\$823.21</u>	<u>\$1,401.16</u>	<u>\$264.53</u>	<u>\$5,083.45</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$11,727.78</u>