

MINUTES

TWIN CITIES AREA SERVICE CONFERENCE OF NARCOTICS ANONYMOUS

February 15, 2003

Sabathani, 3rd Fl, Rm. J**OPENING**

Mary Jo opened Meeting with the Serenity Prayer at 11 am. Readings: 12 Concepts: Mary Jo. 12 Traditions: Mike. 12 Steps: Rick.

INTRODUCTIONS:

Attendance: All officers present.

16 GSR's present. Quorum is met. [Avg. of last 3 mos. (21, 22, and 21) was $21.3 \times .67 = 14$ minimum needed for quorum.]**APPROVAL OF MINUTES:**

January minutes accepted as submitted.

CORRESPONDENCE:

None.

OFFICER REPORTS**CHAIR**

Dick: Comrades: ¶Ed, the most recent Activities Chair, has decided that he couldn't fulfill the position. Mary Jo, Rick L. and myself have put together the Big Thaw dance. See the fliers that I hope I remember. ¶We are a great bunch of recovering addicts, each one of us a miracle! ¶Thank you, Dick

CO-CHAIR

Mary Jo: The Welcome packet with the recent by-law changes in it is now available (Note: numbering error). Dick, Rick, and I are putting the Big Thaw together since Ed decided he was not up to it. A flyer for Big Thaw is available on the website and on paper. I was thinking about a way for NA meetings to share with each other without having a 6-hour TCASC meeting. I wonder if it would be possible to create a Meeting Report section in our web space so that individual GSR's could send info to the Secretary, much as the subcommittee chairs and officers do now. What do other people think?

SECRETARY

Charlie: Thank you for electing me and affording me the opportunity to be of service. Last month postage expense was \$16.20. I need to restock paper and envelopes. Expenses: supplies combined with postage will be between \$30 and \$40 for this month. I received this months reports via email from Dick, Mary Jo, Heidi, Dan and Tim, thank you.

CO-SECRETARY

Daniel: Nothing to report, thank you for electing me and giving me the opportunity to humble myself in your service.

TREASURER

Sherry: Balance of \$3,504.81. Full report attached. ¶Signature Card is up-to-date. ¶PO Box. Why do we have a PO box when we could use the Sabathani UMSSO service office? Cheri did a COA mail now going to Service Office.

CO-TREASURER

Leon: Please come up to me to register your attendance at the meeting; if you have any donations, receipts will be provided. Flyers from John S, MNNAC 12 & MNNAC 12Bid Committee.

RCM

Donna: **Area of Hope:** Feb 18th Learning Day. Feb 15th Valentines Day Dance at Camel Club ¶**Open Door:** Feb 15th Valentines Day Dance. Just For the Weekend Campout Ad Hoc Committee Forming. ¶**Recovery in the Heartland:** Problems keeping elected positions filled. Feb 25th Waverly City Hall Potluck. ¶**South Suburban:** Circle of Sisters Convention coming up. ¶**Executive Report:** Send meeting lists and RCM reports to Cindy by e-mail Treasurers Report: Penny says we have a balance of \$10,458.17. ¶**Regional Delegate Report:** Mar. 8th MN Regional Assembly 12-4. At Sabathani Center will have workshops and all NA members welcome. **(NEED HELP IN ALL AREAS TO ASSIST DEVELOP AND PUT IT ON)**. Big Thaw Dance to follow at African American Family Services Building begins at ?? US Assembly postponed. Regional Lit Committee has reviewed Chapter one of "The Sponsorship Book. Regional Zonal Forum in Indiana and will attend Note: PLEASE consider other events when you are planning on so dates don't conflict. ¶**H&I:** Available before each RCM meeting. Need updated list for region. Goal for list is to provide a plan to new H&I chair in future. ¶**Open Forum: Regional Website concerns.** Incorrect/Inaccurate info. Site is being redesigned. Cindy volunteered to update/correct list. Need fliers to all events to keep fresh and updated. . **Lack of interest.** Need more active involvement at regional level to keep running . Smoothly. Addressed apathy, and lack of responsibility in holding. Positions. Need more people to attend every even month 2nd Sat 12-3. Discussed clean time requirements. All in attendance can vote. Questioned whether we are duplicating positions and. Whether some can be combined i.e.: suggested vs.. What works?. **BOTTOM LINE: WE NED SUPPORT!!!** ¶**Election:** UMSSO rep.: Tucker. Needed: Outreach Chair. Policy Chair. Literature Chair. PI. Chair. (Phone line chair Rae will continue but needs to be re-elected)¶**MNNAC X:** Next RCM meeting is being held at MNNAC in Rochester. Need auction/raffle prizes. Price goes up on 3/15 so register now. 147 people registered and 43 rooms booked so far. ¶**MNNAC XI:** All positions filled. At Holiday Inn in St. Cloud. ¶**UMSSO:** BOD meetings rotating need space to meet.

3/23/03 meeting at 4745 Bryant Ave. S. MPLS 10 AM. **NEED MEMBERS!!!** 2003 Report. Financial goals set. Need to price merchandise for profit. Capitalize on the Just for Today CD Rom (This is completed and cost \$2500.00 to develop. And receiving 16,000.00 in lit in exchange). CD-ROM will include journaling space, daily readings. Topics will be indexed as well and will be available at . World convention in July). Will be doing step-working guide next. Annual reports available at UMSO.
Jane: MNNAC need donations for auction, running smooth. There a 6 vacant regional service position to the MNNAC BOD.

BANQUET REPORT

Rick: Historically, according to Bylaws banquet gives budget in Feb., \$5K Exp, \$6 proceeds, this years committee will work within this budget. There will be an activities committee meeting on Saturday March 1st at the United Church of Christ, located at on the northwest corner of HWY 694 & Long Lake road in New Brighton at 6:15 PM until 6:45 PM. This will precede the Northwest NA meeting starting at 7 pm. The topics for discussion will all be concerning the TCASC Banquet and "karaoke night" fundraiser May 3rd. ¶The banquet committee will work within the existing 2003 budget. If anyone has a good merchandising idea we'd love to hear it. Thanks Rick

HELPLINE

Frederick: Trained 2 people for 2 shifts. One open shift, male midnight to 8:00am Thursday. At learning day Area of Hope indicated an desire to help pay for the Helpline Bill. I contacted the RD Steven T. regarding payment, he suggested that Area of Hope make donation to TCASC. Sent helpline recruit form to AoH. Will hold training session at 10:30 before the next ASC.

PI

Rufus: Absent. (End of term)

H&I

Dan: The Learning Day was just that a good learning experience. I had not much experience nor input on doing this. I learned that you can expect a lot more people than actually show up. I hope this information will help in future learning days. I projected a possible 75 people to show up, the actual head count was 35. When I ordered the food I ordered for 75-100 people way to much. I do believe that who ever does the next learning day that planning for 25-50 people to show is more realistic. The over learning day was very successful, many people who showed new comers and people with some time in said it was very informative and a lot of good information on how to and what not to do when doing a H&I commitment. I would like to thank Buddy K, Barb S and Margaret O for the great job they did in speaking. ¶Anoka Workhouse--Clean time requirements, 2 years clean, scheduled days can be arranged to fit speakers schedules. Only one back ground check application has been received. ¶Henn. City New Jail, Juvenile Detention and Women's Detention- Clean Time requirement 6 months. Since we have not had but 2 people send in back ground check applications all evening commitments have been filled by other fellowships. There is although openings for 8AM and 1PM commitments. ¶The updated list of H&I commitments is now available. Please review and add or delete new commitments or contacts. ¶We still need more support to fulfill our commitments. Please give back what you were so freely given. Lets get the message out that there is hope for the still active addict and that there is a better way of life. Thank you. ¿Financial report? Next month will have financial accounting of expenditures for food from learning day.

LITERATURE

Heidi: Hi I am an Addict named Heidi. Please dispose of any old meeting list's at your groups there are a couple of meetings that no longer exist. Also there is a few bad phone numbers. I am passing around a master list please note any changes you may know of Thanks. ¶We met again on the 8th of February to go over the rough draft chapter 1 of The Sponsorship book. There was allot of good feedback. John S. from the region will be sending our input to the world. I am glad we had the opportunity to give input. Thanks to everyone who participated. The rest of the sponsorship book may be available for Review in June. I will keep you informed.

OUTREACH

Tim: It has been brought to my attention that there are meetings in the Twin Cities area that lack members with experience working the program. I have been asked if it would be possible to put together a phone list with the names and numbers of men and women who have a bit of experience and clean time to act as "temporary sponsors" that could be distributed to any meetings that expressed interest. Though this could be one way for members to share there Experience, Strength and Hope with those in the NA community, I still must urge those who can, to make there best effort to occasionally attend meetings that are a bit out of there way, and meetings that are struggling with attendance and are in need of support. Anyone with any feedback or interest in having their name on such a list please contact me at 612-408-0264.

ACTIVITIES

Vacant: Not filled as Ed resigned. Elections will be held in April after the Big Thaw, clean time requirement is 18 months.

UMSO:

Rick: Need directors to sit on the board. The UMSO is a legal entity in the state of Minnesota. Clean time requirement is 3 years. There are 9 total positions, only 2 are filled, plus the Service Office, Office Manager.

Ad-hoc MNNAC-12 Bid committee:

Leon for John: I have 2 flyers. Ask that each group write a letter of support. Please give group name, time, day, signed by as many members as possible.

Break from 1150 am – 12N

ELECTIONS:

Table election for PI Chair until March TCASC. . Mary Jo reads requirement. Daniel nominates Ramont, declines. Jane nominates Greg, Declines. Rick nominates Karen, she needs to consider. Take this back to the groups.

OLD BUSINESS

None.

NEW BUSINESS

None.

OPEN FORUM:

GSR reporting on the web site.

Explore boundaries of the TCASC. What about PI and H&I boundaries. Mary Jo reads physical description of the TCASC boundaries. What is the purpose of boundaries? Confused about area, for example where are the African American GSRs from inner city groups? Precedents western MN area hosting MNNAC in Brainerd. This is not the Minneapolis Area, this is the Twin Cities Area. Can we better serve as a Minneapolis Area.. Unity, hold events anywhere within geographical boundaries. SSF area. Meeting Lists. All RCMs show up at RSC, those reps we are aware of all the functions in the region. Inaccessibility of location needs to be considered. Matter of attitude. Metro area meeting list is a great thing. Boundaries issues versus the good of NA as a whole. Confer with Area of Hope and SSFA.

Is it time to use just one meeting list, the Regional meeting list? Local list is good. Regional list is not as clear. TC list is \$600/year. Labels rename it Metro Area list. Rename TCASC for clarity and respect for AOH. The reason we are discussing these things are because NA is changing and growing. We are growing and facing the associated issues. That's why we have a Region.

More RCM report to beginning of the TCASC meeting.

Helpline, H&I , PI and meeting lists are the primary means by which NA carries the message. Let's work together. Form Ad-hoc committee to explore this.

Adjourned at 12:50 pm

TCASC MONTHLY 7TH TRADITION DONATIONS & ATTENDANCE RECORD FOR FEBRUARY, 2003.

Group	Donation	Group Represented	Day	Time
A Vision of Hope			Friday	11:00 PM
A Gift Called Life			Friday	12:00 PM
Addicts for Life	\$10.25	Yes	Friday	8:00 PM
Addicts in the Garden			Thursday	7:30 PM
Afternoon Serenity			Wednesday	1:00 PM
All A's			Monday	7:00 PM
Barking Buffalo			Friday	8:00 PM
Camden Recovery			Sunday	7:00 PM
Candlelight Bakery		Yes	Wednesday	7:30 PM
Clean and Serene NA	\$12.82	Yes	Tuesday	7:00 PM
Clear Atmosphere	\$36.70	Yes	Tuesday	7:00 PM
Coast to Coast	\$5.29	Yes	Friday	7:30 PM
East Lake NA			Wednesday	8:00 PM
Eat Your Way to Recovery			Monday	12:00 PM
Freedom From Addiction	\$43.00	Yes	Sunday	7:30 PM
Fresh Start			Tuesday	8:00 PM
G.L.B.T and Friends NA			Saturday	8:00 PM
Hope in Eden Prayer-EE			Wednesday	7:00 PM
In-sanity NA			Tuesday	7:00 PM
Journey of Recovery			Monday	11:00 AM
Keep it Simple			Tuesday	7:00 PM
Lakers NA			Saturday	6:30 PM
Late Night With NA			Saturday	10:00 PM
Latinos en NA			Friday	6:30 PM
Lesbian and Gay NA			Sunday	11:00 AM
Men Of Hope			Saturday	9:00 AM
Minneapolis By Candlelight			Monday	8:00 PM
Miracles in Motion			Tuesday	11:00 AM
Monday Nite Wave			Monday	8:00 PM
Mora NA			Tuesday	8:00 PM
NA Rocks on Russell			Tuesday	7:00 PM
Never Enough			Tuesday	7:30 PM
North Side NA			Monday	7:00 PM
North Suburban NA		Yes	Thursday	7:30 PM
N.E.N.A. NA	\$20.00	Yes	Friday	7:30 PM
Northwest NA		Yes	Saturday	7:00 PM
Nuts About the Newcomer			Saturday	7:00 PM
Pleasant NA		Yes	Sunday	7:30 PM
Recovering Addicts of NA			Monday	7:00 PM
Recovering Ladies of the Lakes			Saturday	10:00 AM
Recovering Soldiers			Thursday	8:00 PM
River Falls NA	\$25.00	Yes	Mon. Wed. Fri	8:00 PM
Riverside NA		Yes	Thursday	8:00 PM
Saturday Morning NA			Saturday	9:00 AM
Saving Our Lives	\$15.00	Yes	Thursday	7:00 PM
Serenity Sunday	\$15.00	Yes	Sunday	6:00 PM
Siren NA			Sunday	6:00 PM
Sisters in Recovery			Thursday	7:00 PM
Stepping on Traditions	\$52.80	Yes	Saturday	10:00 AM
Sunday Morning NA			Sunday	10:30 AM
T.U.N.A	\$9.46	Yes	Tuesday	7:00 PM
Young People in Recovery			Friday	7:00 PM
Seven Eleven	\$20.00	Yes	Wednesday	8:00 PM
Seeking Serenity	\$11.00	Yes	Tuesday	7:00 PM
Just for Today North Branch		Yes	Tuesday	7:00 PM
We are Not Saints			Thursday	7:00 PM

Total Donations	\$276.32
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Total GSR's Present at Meeting	19
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TREASURER'S REPORT FOR FEBRUARY 2003.

REPORT DATE : 02/15/2003		LAST MONTHS' ENDING BALANCE		\$ 3,493.89
ENDING BALANCE FROM BANK STATEMENT		\$	3,504.81	
MINUS TOTAL OF OUTSTANDING CHECKS, FEES & EARLY DEPOSITS		\$	10.92	
EQUALS THE RECONCILED BANK BALANCE		\$	3,493.89	
DISCREPANCY SHOULD EQUAL ZERO		\$	-	
BEGINNING BALANCE (ALWAYS THE RECONCILED BANK BALANCE)		\$	3,493.89	
PROCEEDS				
GROUP DONATION (FROM ATTENDANCE SHEET)		\$	276.32	
OTHER PROCEEDS TOTAL (LIST NAME & AMOUNT INDIVIDUALLY)		\$	-	
	\$	-		
	\$	-		
	\$	-		
	\$	-		
	\$	-		
TOTAL PROCEEDS	\$	276.32		
SUBTOTAL (BEGINNING BALANCE PLUS PROCEEDS)		\$	3,770.21	
EXPENSES (ALWAYS CHECKS WRITTEN)				
	Check #	\$ AMOUNT		
UMSO (H & I)	2717	\$	295.10	
Mary Jo T.(Executive Board Misc.-TCA welcome packets)	2718	\$	26.40	
Mary Jo T. (Activities-Big Thaw Dance food & decorations)	2719	\$	300.00	
African American Family Svcs.(Activities-Big Thaw rent)	2720	\$	250.00	
Qwest (Helpline)	2721	\$	52.35	
Answer America (Helpline)	2722	\$	447.15	
Target Printing (PI-TCA meeting list copies)	2723	\$	44.73	
Charlie K.(Executive Board Secretary-Jan & Feb minutes)	2724	\$	49.40	
Donna C.(Executive Board RCM-copies)	2725	\$	6.82	
		\$	-	
		\$	-	
		\$	-	
		\$	-	
		\$	-	
TOTAL EXPENSES	\$	1,471.95		
ENDING BALANCE (SUBTOTAL MINUS EXPENSES)		\$	2,298.26	
DEPOSITS				
	DATE	AMOUNT		
CHECKING DEPOSIT DATE & AMOUNT	2/15/03	\$	276.32	
CHECKING DEPOSIT DATE & AMOUNT		\$	-	
CHECKING DEPOSIT DATE & AMOUNT		\$	-	
TOTAL DEPOSITS (SHOULD EQUAL TOTAL PROCEEDS)	\$	276.32		

FEBRUARY 2003 BUDGET TRACKING REPORT

TCASC 2002	TARGET	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC	YEAR TO DATE
EXCESS 2001	<u>\$1,000.00</u>													
PROCEEDS														
GROUPS	\$12,000.00	\$1,104.60	\$1,405.34	\$644.65	\$845.32	\$677.81	\$720.70	\$444.72	\$1,031.36	\$601.99	\$819.70	\$603.07	\$681.36	\$9,580.62
OTHER	\$1,400.00	\$110.00	\$200.00	\$5.00	\$100.00	\$20.00	\$100.00		\$110.00	\$100.00	\$42.00	\$100.00	\$100.00	\$987.00
ACTIVITIES	\$2,500.00	\$1,541.00	\$100.00	\$152.75						\$129.16		\$65.00		\$1,987.91
BANQUET	\$6,700.00					\$430.00	\$492.00	\$1,469.00	\$2,509.00	\$2,413.00				\$7,313.00
TOTAL	<u>22,600.00</u>	<u>2,755.60</u>	<u>1,705.34</u>	<u>802.40</u>	<u>945.32</u>	<u>1,127.81</u>	<u>1,312.70</u>	<u>1,913.72</u>	<u>3,650.36</u>	<u>3,244.15</u>	<u>861.70</u>	<u>768.07</u>	<u>781.36</u>	<u>19,868.53</u>
EXPENSES														
EXEC CMTE														
MNRSC	\$3,600.00		\$1,800.00								\$1,800.00			\$3,600.00
UMSO	\$600.00		\$600.00											\$600.00
MNNAC	\$1,000.00		\$1,000.00											\$1,000.00
TREASURER	\$200.00		\$45.00						\$23.51			\$83.25	\$22.75	\$174.51
SECRETARY	\$2,200.00	\$38.34	\$71.63	\$25.12	\$12.75									\$147.84
MISC.	\$1,200.00			\$34.47	\$6.00				\$10.92		\$9.63			\$61.02
OUTREACH	\$100.00	\$22.00												\$22.00
LITERATURE	\$500.00		\$64.34	\$38.34	\$38.34		\$38.34	\$44.73	\$54.32	\$51.12	\$68.19			\$397.72
P & I	\$2,000.00				\$1,000.00			\$169.06				\$52.19	\$66.78	\$1,288.03
H & I	\$1,000.00	\$203.08	\$137.13	\$232.73			\$125.96		\$119.80	\$208.55	\$113.10		\$755.46	\$1,895.81
HELPLINE	\$3,000.00	\$222.32	\$255.98	\$560.00	\$350.49	\$291.78	\$204.23	\$330.28	\$314.52	\$257.98	\$213.72	\$226.28	\$314.84	\$3,542.42
BANQUET	\$6,200.00		\$503.30	\$572.00	\$59.71	\$79.50	\$979.25	\$250.00	\$4,892.75					\$7,336.51
ACTIVITIES	\$2,000.00		\$444.19				\$524.47		\$150.00	\$75.00	\$75.00	\$535.00	\$650.00	\$2,453.66
TOTAL	<u>\$23,600.00</u>	<u>\$485.74</u>	<u>\$4,921.57</u>	<u>\$1,462.66</u>	<u>\$1,467.29</u>	<u>\$371.28</u>	<u>\$1,872.25</u>	<u>\$794.07</u>	<u>\$5,565.82</u>	<u>\$592.65</u>	<u>\$2,279.64</u>	<u>\$896.72</u>	<u>\$1,809.83</u>	<u>\$22,519.52</u>
TCASC 2003														
TCASC 2003	TARGET	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC	YEAR TO DATE
EXCESS 2002	<u>\$1,000.00</u>													
PROCEEDS														
GROUPS	\$10,500.00	\$690.18	\$276.32											\$966.50
OTHER	\$800.00	\$10.00												\$10.00
ACTIVITIES	\$2,700.00	\$1,338.10												\$1,338.10
BANQUET	\$6,000.00													\$0.00
TOTAL	<u>20,000.00</u>	<u>2,038.28</u>	<u>276.32</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>2,314.60</u>
EXPENSES														
EXEC CMTE														
MNRSC	\$3,750.00													\$0.00
UMSO	\$200.00													\$0.00
MNNAC	\$1,000.00													\$0.00
TREASURER	\$100.00													\$0.00
SECRETARY	\$500.00	\$38.80	\$49.40											\$88.20
MISC.	\$100.00		\$33.22											\$33.22
OUTREACH	\$100.00													\$0.00
LITERATURE	\$50.00													\$0.00
P.I.	\$2,000.00	\$52.19	\$44.73											\$96.92
H & I	\$1,500.00	\$135.25	\$295.10											\$430.35
HELPLINE	\$3,500.00		\$499.50											\$499.50
BANQUET	\$5,000.00													\$0.00
ACTIVITIES	\$2,200.00		\$550.00											\$550.00
TOTAL	<u>\$20,000.00</u>	<u>\$226.24</u>	<u>\$1,471.95</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$1,698.19</u>